

ABSTRACT OF THE DISCLOSURE

This protective hand guard utilizes a gelatinous cushion to provide protection and shock absorption for the anatomical structures of the human hand. The hand guard aids in protecting and preserving the hand both externally from cuts and abrasions, and internally from fractures, damage to joints, ligaments, tendons, cartilage, and other anatomical structures found in the human hand. The protection provided by the hand guard is such as to provide a medium for shock absorption, particularly during direct contact or impact sports and or occupations.